



Relationships and Communication

Facilitator Assessment of Participant

Unique Client ID: _____	Assessment Type: <input type="checkbox"/> Pre <input type="checkbox"/> Post
Facilitator: _____	Session Type: <input type="checkbox"/> Group <input type="checkbox"/> Individual
Organization: _____	Date Completed: ____ / ____ / ____

SCORING DEFINITIONS

Strongly Agree
Maintenance only

Agree
Further practice desirable

Disagree
Further practice or development required

Strongly Disagree
Basic skill/knowledge deficit

Circle the number that best represents your level of agreement. Then, calculate the average score for each category (Attitudes, Knowledge, and Skills). Refer to the instructions to interpret scores.

Attitudes

	<u>Strongly Agree</u>	<u>Agree</u>	<u>Disagree</u>	<u>Strongly Disagree</u>
1. The participant values his or her healthy relationships.	1	2	3	4
2. The participant recognizes the value in anticipating future high-risk situations.	1	2	3	4
3. The participant has a desire to experience the benefits of healthy relationships (emotional support, sharing, companionship, connectedness and honest feedback).	1	2	3	4

Attitudes Average (Total ÷ 3) =

Knowledge

4. The participant understands the characteristics of a healthy relationship.	1	2	3	4
5. The participant understands the characteristics of an unhealthy relationship.	1	2	3	4
6. The participant knows how to improve his or her current relationships.	1	2	3	4

Knowledge Average (Total ÷ 3) =



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	<u>Strongly Agree</u>	<u>Agree</u>	<u>Disagree</u>	<u>Strongly Disagree</u>
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Skills

7. The participant is able to identify the relationships in his or her life that are healthy.	1	2	3	4
8. The participant is able to identify the relationships in his or her life that are unhealthy.	1	2	3	4
9. The participant frequently uses passive, aggressive or passive-aggressive communication.	4	3	2	1
10. The participant frequently uses assertive communication.	1	2	3	4
11. The participant evaluates the health of his or her relationships.	1	2	3	4
12. The participant anticipates future situations in which he or she is likely to experience negative peer/social pressure.	1	2	3	4
13. The participant effectively responds to negative peer/social pressure.	1	2	3	4

Skills Average (Total ÷ 7) =

Overall Score

Overall Average (Overall total ÷ 13) =